



SCRIPTURE MEDITATION and PRAYER

Do you find it hard to calm your heart before the Lord to listen to Him and His Word? All the noise and distractions in this world make it increasingly difficult to tend to our souls. Do you want to cut through the mess and the clutter in your life and really focus on cultivating intimacy with Jesus? Can you envision your life where you regularly encounter the Lord speaking directly to your life situations through your Scripture meditation and prayer?

Let us tell you about a friend of ours and her experience. We met Lee (not her real name) at a missionary training venue seven months ago. She participated in our workshop and learned about our PHD* Scripture meditation method. She strongly felt the leading of the Lord to apply this method in her life. (* To learn more about this PHD method, go to our homepage www.komerinja.com and click "Resources" tab on the menu bar.)

She says, "I went to the mission field to translate the Bible, but God gave me a new vision to raise up a house of prayer for the Lord to dwell in. After receiving that vision, I would sit for extended periods of time in my prayer room, but I struggled with how to spend quality time with the Lord during those prayer times." Then the Lord spoke to her to saturate every cell in her body with His Word and to pray also with His Word. As she received our training on Scripture meditation, she heard the same message in her spirit.

So she began to meditate on the Word as if she were "crazy and obsessed." She spent the next five months going through the whole New Testament using the PHD method. Now she meditates on the Old Testament books, while reviewing the New Testament. She says, "I used to gloss over many sections of the Bible in my reading and my thoughts would easily wander away to other things. But now I cry often as I encounter the Lord speaking directly to my situations." Pray that she will continue to be faithful in her Scripture meditation and prayer and witness God's breakthroughs in her life.

We are also experiencing the power of repetition, accumulation, and breakthroughs in our Scripture meditation process. We want to pursue God with wholehearted devotion and fully immerse in the reality of the surpassing value of knowing Christ Jesus our Lord. Nothing of this world can compare with the riches of communing with Him, the hope of glory among the nations. Pray that He will seal our hearts for His courts above, as the hymn below says.

*O to grace how great a debtor,
Daily I'm constrained to be!
Let Thy goodness, like a fetter,
Bind my wandering heart to Thee.
Prone to wander, Lord, I feel it,
Prone to leave the God I love;
Here's my heart, O take and seal it,
Seal it for Thy courts above.*



In Christ,

Daniel and Ellen