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SCRIPTURE MEDITATION 2 (continued from last month)

Last month when I wrote about my Scripture meditation using my PHD method, I shared that I had finally begun to work on the Old Testament. And I was working through the book of Psalms at the time. Since then I have experienced a new level of breakthrough in my Scripture meditation. In the last month I have worked through several Old Testament books (Psalms, Proverbs, Isaiah, Ruth, Ezra, Nehemiah, and Esther) using the PHD process. I am enjoying it immensely. I hope to invest the next two years in this process of doing the first PHD run through the Old Testament in order to immerse myself in the Word.

What I am experiencing these days can be described well by what David said in Psalm 19:7-14: “The law of the LORD is perfect, reviving the soul. The statutes of the LORD are trustworthy, making wise the simple. The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes. The fear of the LORD is pure, enduring forever. The ordinances of the LORD are sure and altogether righteous. They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the comb. By them is your servant warned; in keeping them there is great reward. Who can discern his errors? Forgive my hidden faults. Keep your servant also from willful sins; may they not rule over me. Then will I be blameless, innocent of great transgression. May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer.”

As I continue to meditate on the Word, I truly experience my soul getting more and more energized. I am taking spiritual food into my heart, and then this spiritual food literally converts into physical energy for me every day. It is a truly amazing thing. The Spirit of the Lord grants me wisdom and discernment through the Word I am hiding in my heart. My heart is filled with his joy. My eyes are increasingly getting light-filled perspective. The Word of God is indeed sweeter than honey, more precious than gold. It provides an amazing virus protection system for my soul.

Recently a friend of mine shared the following testimony after applying the PHD method in his Scripture meditation.

You can go to our home page www.komerinja.com and click “Resources” to read more on Scripture meditation.

Depending on God’s enabling grace and partnering with you for this faith adventure, *Daniel*

I am all the way through Philippians (recognizing the words by the first letter—except for 4 or 5 words that I stick on still). And already God is revealing a depth to the letter that I never knew was there before. I have even been moved to tears as I read it now. Previously that didn’t happen.

Thank you for the blessing you have been to our whole family. Debbie and I have also started an Inductive Bible Study (2 nights in a row now) which is something we have wanted to do for a long time.

The investment of time you made in our relationship when you were over at our home for supper has strengthened both of us in our love for the Lord and each other and we are living our dream of being a family that points to God and makes Him famous more now as a result of coming in contact with you. Thank you. Please thank Ellen for us for sharing you with us.

Yours truly,
Ray